

Mass Intentions

MONDAY, FEBRUARY 22, 2021 *Matthew 16:13-19*

The Chair of St. Peter the Apostle

8:30am John Kempczynski

Grace Callahan

12:10pm Rina Zacharias

TUESDAY, FEBRUARY 23, 2021 *Matthew 6:7-15*

St. Polycarp, Bishop & Martyr

8:30am No Intention

12:10pm No Intention

WEDNESDAY, FEBRUARY 24, 2021 *Luke 11:29-32*

8:30am Erasmo J. Saponaro

7:30pm Anthony & Elizabeth (25th Wedding Anniversary)

THURSDAY, FEBRUARY 25, 2021 *Matthew 7:7-12*

8:30am No Intention

12:10pm Anna Becchio

Emilia Mauceri

Zewdu Assesa

FRIDAY, FEBRUARY 26, 2021 *Matthew 5:20-26*

8:30am No Intention

12:10pm No Intention

SATURDAY, FEBRUARY 27, 2021 *Matthew 5:43-48*

8:30am Terry & John Barry (50th Wedding Anniversary)

5:00pm Frances P. Cammarota

Carlos Arias

Augusto & Juanita Trinidad

SUNDAY, FEBRUARY 28, 2021 *Mark 9:2-10*

Second Sunday of Lent

7:15am Anna & Michael Apollo

Parishioners of Holy Name of Mary

9:00am Amy Mauceri

11:00am Sharon Molter

Arthur Blanco

John Campo

1:00pm Milagros Valentin

Next Sunday's Liturgy-February 28

Readings for the 2nd Sunday of Lent

1st Reading: *Genesis 22:1-2, 9a, 10-13, 15-18* Abraham is willing to obey God at the cost of his beloved son.

2nd Reading: *Romans 8:31b-34* God is for us, and Jesus intercedes for us. Whom should we fear?

Gospel: *Mark 9:2-10* Jesus is revealed as the beloved Son to terrified disciples.

FOCUS: On the Mount of the Transfiguration, Jesus is revealed to his disciples as God's *beloved Son*.

Music for the 2nd Sunday of Lent

Entrance Song: Save Your People

Presentation of the Gifts: Christ Be Our Light

Communion Song: Be Thou My Vision

Concluding Song: The Glory of These Forty Days

Mass of Creation

Entrance Antiphon: *Of you my heart has spoken: Seek His face. It is your face, O Lord, that I seek; hide not your face from me. cf. Psalm 27 (26):8-9*

St. Vincent de Paul Message

In today's Gospel, Jesus overcomes the temptations to wealth, power and esteem. As we begin Lent, may we open our hearts to the grace of prayer, fasting and almsgiving. This month, through your gifts, the Society of St. Vincent de Paul was able to assist several families, providing food and money for utility, rent and other bills for utility, rent and other bills. God Bless You!

Pantry Needs: Paper towel, toilet tissue, pasta sauce, juice, evaporated milk, canned meats, tuna, soup, canned pasta, laundry detergent, soap, toothpaste

Please remember the poor boxes as you leave Church today. These generous offerings help the Society of St. Vincent de Paul assist families

Presider Schedule for Next Weekend Masses

Saturday, February 27

5:00 pm Fr. Edmund Ani

Sunday, February 28

7:15 am To Be Announced

9:00 am Fr. David M. Regan

11:00 am Fr. David M. Regan

1:00 pm Fr. Jose Luis Tenas

*Presider
Subject
To
change*





...Fr. David Regan

1. What is Lent?

According to the Universal Norms of the Liturgical Year: 27. Lent [is a liturgical season that] is ordered to preparing for the celebration of Easter, since the Lenten liturgy prepares for celebration of the paschal mystery both catechumens, by the various stages of Christian initiation, and the faithful, who recall their own Baptism and do penance.

2. Where does the word "Lent" come from?

The Catholic Encyclopedia notes: The Teutonic word *Lent*, which we employ to denote the forty days' fast preceding Easter, originally meant no more than the spring season. Still it has been used from the Anglo-Saxon period to translate the more significant Latin term *quadagesima* (French *carême*, Italian *quaresima*, Spanish, *cuaresma*), meaning the "forty days", or more literally the "fortieth day". This in turn imitated the Greek name for Lent, *tessarakoste* (fortieth), a word formed on the analogy of Pentecost (*pentekoste*), which last was in use for the Jewish festival before New Testament times.

3. When does Lent begin and end? The Universal Norms state: 28. The forty days of Lent run from Ash Wednesday up to but excluding the Mass of the Lord's Supper exclusive. This means that Lent begins at 12:01 a.m. on Ash Wednesday and runs to just before the Mass of the Lord's Supper on the evening of Holy Thursday. As soon as the Mass of the Lord's Supper starts, it's a new liturgical season: Triduum.

4. Is Lent exactly forty days long as currently celebrated?

No, it's actually a little longer than forty days. The number is approximative, for spiritual purposes.

5. Are the Sundays in Lent part of Lent?

Yes. See question 1 for the duration of Lent. It runs from Ash Wednesday to Holy Thursday. No exceptions are made for Sundays. Furthermore: 30. The Sundays of this time of year are called the First, Second, Third, Fourth, and Fifth Sundays of *Lent* [emphasis added]. The Sixth Sunday, on which Holy Week begins, is called, "Palm Sunday of the Passion of the Lord."

6. Why is the number forty significant?

Pope Benedict explains: Lent recalls the forty days of our Lord's fasting in the desert, which He undertook before entering into His public ministry. We read in the Gospel: "Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry" (*Mt* 4, 1-2). Like Moses, who fasted before receiving the tablets of the Law (cf. *Ex* 34, 28) and Elijah's fast before meeting the Lord on Mount Horeb (cf. *1 Kings* 19, 8), Jesus, too, through prayer and fasting, prepared Himself for the mission that lay before Him, marked at the start by a serious battle with the tempter [Message for Lent 2009].

7. What are the rules for fasting in Lent?

Ash Wednesday and Good Friday are days of fast. The law of fast binds those who are from 18 to 59 years old, unless they are excused for a sufficient reason (e.g., a medical condition that requires more frequent food, etc.). According to the Church's official rules (as opposed to someone's personal summary of them): The law of fasting allows only one full meal a day, but does not prohibit taking some food in the morning and evening, observing—as far as quantity and quality are concerned—approved local custom [Apostolic Constitution *Paenitemini*, Norms, III:2]. The system of mitigated fasting that is required by law thus allows for "one full meal" and "some food" in the morning and evening. The Church's official document governing the practice of fasting does not encourage scrupulous calculations about how much the two instances of "some food" add up to, though obviously each *individually* is less than a full meal, since only one of those is allowed..

8. What are the rules for abstinence in Lent?

Ash Wednesday and all Fridays of Lent are days of abstinence (as well as Good Friday). An exception is if a solemnity falls on a Friday, but no solemnities fall on Fridays in 2015, so all Fridays are days of abstinence. The law of abstinence binds those who are 14 years old or older. According to the Church's official rules: The law of abstinence forbids the use of meat, but not of eggs, the products of milk or condiments made of animal fat [*Paenitemini*, Norms III:1].

Holy Name of Mary School

90 South Grove Street - Valley Stream, NY - (516) 825-4009

Where Faith and Knowledge Meet



Registration begins on January 18, 2021 - Schedule a tour or virtual meeting today!

Kindergarten & First - Eighth Grade (8:15 am - 2:45 pm)
Full-time Nursery/3-year-old program (8:45 am - 2:30 pm)
Full-time Pre-K/4-year-old program (8:45 am - 2:30 pm)



Experienced, NYS Certified Teachers,
With an Aide in Every Early Childhood Classroom



Religion, Math, Reading, Science, STEM, Technology, Music,
Gym, Art, English Language Arts, Spanish (Gr. 4 - 8)



Follows NY State and Diocese of Rockville Centre Curriculum



1:1 Device Program: Students in Grades K - 8 Receive an iPad
or Chromebook for At Home and Classroom Assignments



Concentration on Positive Social Interaction, Service & Faith



Before and Aftercare Available, With Drop Off at 7:30 am &
Pick Up at 5:45 pm



After School Clubs & Sports



Follow Holy Name of Mary
School on Social Media!
Instagram & Facebook -
@hnomschoolvalleystream

Visit our website at WWW.HNOMSCHOOL.ORG

A New Approach to Open House Tours

In the best interest of safety, we will be offering private scheduled tours on Saturdays and Sundays throughout January & February from 11 am - 2 pm or virtual meetings at your convenience.

Appointment is necessary. Please call (516) 825-4009 or email our principal, Mrs. Sanders, at psanders200713@hnomschool.org, to schedule a visit.



HOLY NAME OF MARY SCHOOL *News*

90 S. Grove Street, Valley Stream, NY - (516) 825-4009

Website: www.hnomschool.org - Facebook/Instagram: [hnomschoolvalleystream](https://www.facebook.com/hnomschoolvalleystream)

February 21, 2021



Catholic Schools: Faith, Excellence and Service

Catholic Schools Week 2021 was a success! The celebration began on Sunday with a beautiful Mass celebrated by Fr. Regan. The student choir, lectors and hand bell choir shared their talents with parishioners. Each day of the week had a different theme - focusing on the community, nation, teachers, staff and students through special activities. Those activities included making cards for veterans and seniors, collecting soup during our "Souper Bowl" for the parish pantry, participating in a Math Bee, dressing in neon colors (because their futures are so bright) and crazy hats, learning about careers and vocations, playing Bingo and enjoying ice cream treats. The week ended with a Faculty vs. Eighth Grade Free Throw Contest. Thank you to everyone who participated in the soup and card collections. Working together we can accomplish so much!

To learn more about Holy Name of Mary School, please call for a private tour with the principal, Mrs. Sanders at 516-825-4009.



Escuelas Católicas: Fé, Excelencia y Servicio

¡La Semana de las Escuelas Católicas 2021 fue un éxito! La celebración comenzó el domingo con una hermosa misa celebrada por el P. Regan. El coro de estudiantes, los lectores y el coro de campanas compartieron sus talentos con los feligreses. Cada día de la semana tuvo un tema diferente: se enfocó en la comunidad, la nación, los maestros, personal y estudiantes a través de actividades especiales. Esas actividades incluyeron hacer tarjetas para veteranos y personas mayores, se recolectaron latas de sopa durante nuestro "Souper Bowl" para la despensa parroquial, se participó en un concurso de matemáticas, vistiéndose con colores neón (porque su futuro es muy brillante) y sombreros locos, aprendiendo sobre carreras y vocaciones, jugaron al bingo y disfrutaron de helado. La semana terminó con una competencia de tiros libres entre la facultad y octavo grado. Gracias a todos los que participaron en la recolecta de sopas y tarjetas. Trabajando ¡Juntos podemos lograr mucho!

Para obtener más información sobre la escuela Holy Name of Mary, llame para un recorrido privado con la directora, la Sra. Sanders al 516-825-4009.



...P. David Regan

1. ¿Qué es la Cuaresma?

Según las Normas Universales del Año Litúrgico: 27. La Cuaresma [es un tiempo litúrgico que] está ordenado a preparar la celebración de la Pascua, ya que la liturgia cuaresmal prepara para la celebración del misterio pascual tanto a los catecúmenos, para las distintas etapas de la iniciación cristiana, como a los fieles, que recuerdan su propio Bautismo y el hacer penitencia.

2. ¿De dónde viene la palabra "Cuaresma"?

La Enciclopedia Católica señala: La palabra teutónica Cuaresma, que empleamos para denotar los cuarenta días de ayuno que preceden a la Pascua, originalmente no significaba más que la temporada de primavera. Todavía se ha utilizado desde el período anglosajón para traducir el término latino más significativo cuadragésima (francés carême, italiano quaresima, español, cuaresma), que significa "cuarenta días", o más literalmente el "cuadragésimo día". Esto a su vez imitaba el nombre griego de la Cuaresma, tessarakoste (cuadragésimo), una palabra formada por analogía con Pentecostés (pentekoste), que se usó por última vez para la fiesta judía antes de los tiempos del Nuevo Testamento.

3. ¿Cuándo comienza y termina la Cuaresma?

Las Normas Universales establecen: 28. Los cuarenta días de Cuaresma van desde el Miércoles de Ceniza hasta el Jueves Santo, pero excluyendo la Misa de la Cena del Señor de ese día. Esto significa que la Cuaresma comienza a las 12:01 a.m. del Miércoles de Ceniza y termina justo antes de la Misa de la Cena del Señor en la noche del Jueves Santo. Tan pronto como comienza la Misa de la Cena del Señor, es un nuevo tiempo litúrgico: Triduo.

4. ¿La Cuaresma dura exactamente cuarenta días como se celebra actualmente?

No, en realidad es un poco más de cuarenta días. El número es aproximado, para propósitos espirituales.

5. ¿Los domingos de Cuaresma son parte de la Cuaresma?

Si. Consulte la pregunta 1 para conocer la duración de la Cuaresma. Va desde el Miércoles de Ceniza hasta el Jueves Santo. No se hacen excepciones para los domingos. Además: 30. Los domingos de esta época del año se llaman: el primer, segundo, tercero, cuarto y quinto domingo de Cuaresma [énfasis agregado]. El Sexto Domingo, con el que comienza la Semana Santa, se denomina "Domingo de Ramos de la Pasión del Señor".

6. ¿Por qué es significativo el número cuarenta?

El Papa Benedicto explica: La Cuaresma recuerda los cuarenta días del ayuno de nuestro Señor en el desierto, que emprendió antes de entrar en su ministerio público. Leemos en el Evangelio: "Jesús fue llevado por el Espíritu al desierto para ser tentado por el diablo. Ayunó cuarenta días y cuarenta noches, y después tuvo hambre" (Mt 4, 1-2). Como Moisés, que ayunó antes de recibir las tablas de la ley (cf. Ex 34,28) y el ayuno de Elías antes del encuentro con el Señor en el monte Horeb (cf. 1 Reyes 19,8), también Jesús, mediante la oración y el ayuno, se preparó a sí mismo por la misión que le esperaba, marcada al principio por una seria batalla con el tentador [Mensaje para la Cuaresma 2009].

7. ¿Cuáles son las reglas para ayunar en Cuaresma?

El Miércoles de Ceniza y el Viernes Santo son días de ayuno. La ley del ayuno obliga a aquellos que tienen entre 18 y 59 años, a menos que estén justificados por una razón suficiente (por ejemplo, una condición médica que requiera una comida más frecuente, etc.). De acuerdo con las reglas oficiales de la Iglesia (a diferencia del resumen personal de algunos de ellos): La ley del ayuno permite solo una comida completa al día, pero no prohíbe tomar algo de comida por la mañana y por la noche, observando – en cuanto a cantidad y calidad están interesados – costumbre local aprobada [Constitución Apostólica Paenitemini, Normas, III: 2]. El sistema de ayuno mitigado que exige la ley permite "una comida completa" y "algo de comida" por la mañana y por la noche. El documento oficial de la Iglesia que rige la práctica del ayuno no fomenta cálculos escrupulosos sobre cuánto suman las dos instancias de "algo de comida", aunque obviamente cada una individualmente es menos que una comida completa, ya que solo una de ellas está permitida.

8. ¿Cuáles son las reglas de abstinencia en Cuaresma?

El Miércoles de Ceniza y todos los viernes de Cuaresma son días de abstinencia (así como el Viernes Santo). Una excepción es si una solemnidad cae en viernes, pero ninguna solemnidad cae en viernes en 2015, por lo que todos los viernes son días de abstinencia. La ley de abstinencia obliga a los mayores de 14 años. De acuerdo con las reglas oficiales de la Iglesia: La ley de abstinencia prohíbe el uso de carne, pero no de huevos, productos de leche o condimentos hechos de grasa animal [Paenitemini, Normas III: 1].

HNM Facebook & Website

Holy Name of Mary FACEBOOK Friends!

Our parish community invites you to follow us at [facebook.com/VSNYUSA](https://www.facebook.com/VSNYUSA).

Click LIKE and share with family and friends.

Our Sunday Mass at 11:00 am is now being livestreamed.

Also, check out our new website at www.hnom.org.

Confessions

Priests are available to hear Confessions every Saturday, 3:30pm-4:30pm, or by appointment.

Beginning on Sunday, March 7th, Confession will be available after each Sunday Mass throughout the Lenten Season.

DIOCESAN COLLECTION

This weekend, there is a Diocesan collection for The Church in Need. This special collection supports the Church in Latin America and the Caribbean, a rising secular culture, difficult rural terrain, and a shortage of ministers make it difficult for people to practice the faith. Your donations fund catechesis, marriage and family life programs, and seminarian formation so people can grow closer to Christ. Please prayerfully consider supporting this collection to share your faith with our brothers and sisters in Latin America and the Caribbean. To learn more about how your gifts make a difference, visit: www.usccb.org/latin-america.

COLECCIÓN DIOCESANA

Esta semana, nuestra colecta especial apoya a la Iglesia en America Latina. Para muchos de lo que viven en America Latina y el Caribe, una creciente cultura secular, terrenos Rurales dificiles ya una escasez de ministros, les presentan dificultades a las personas para practicar su fe. Sus donativos financian la catequesis, los programas para el matrimonio y la vida familiar y la formacion de seminaristas a fin de que las personas se acerquen mas a Cristo. Por favor, en oracion, consideren dar su apoyo a esta colecta para compartir su fe con nuestros hermanos y hermanas en America Latina y el Caribe. Muchas gracias! Para informarse mas sobre como sus donativos hacen una diferencia visiten: www.usccb.org/latin-america.

Msgr. Mulligan Memorial

There are available dates to remember a loved one with the Msgr. Mulligan Memorial of ***Bread & Wine, Candles, or Flowers.***

These intentions begin on a Sunday and end on the following Saturday. Your loved one will be remembered at every Mass throughout the week.

Please stop in at the Parish Office to select a date for this special intention.

Love Is Stronger Than Death

Fr. Dave Regan

will be presenting catechesis on the Christian and Suffering immediately following the

7:30pm Mass every Wednesday evening

throughout the Lenten Season.

All are invited to attend!



YOU are invited to pray the Stations of the Cross as we walk with Jesus every Friday evening during Lent 7:00pm (English) 7:30pm (Spanish) February 19—March 26

HNM Parish Registration

If you or someone you know attends Mass regularly at Holy Name of Mary and is not a registered parishioner, we ask that you please come into the Parish Office and fill out a short Registration form. This will be helpful if you should need recommendation letters, certificates and, especially, sponsor certificates for Baptism or Confirmation. Registration is mandatory for these requests. All donations are recorded by your Church envelope that you receive in the mail.

Loose checks will not be recorded.

Parish School Registration

Join in the Spirit at Holy Name of Mary School, an AdvancEd Accredited School. To register your child for Nursery (full day, age 3), Pre-K (full day, age 4), Kindergarten (full day, age 5) or Grade 1 through 8, contact our School Office to make an appointment at 516-825-4009, or visit www.hnomschool.org for registration materials and details. Before and after school care is available for all registered students. Follow Holy Name of Mary School on Instagram and Facebook @ hnomschoolvalleystream.

Ways to Support Our Parish

Covid 19 has impacted our families and Church in many ways. This parish was pained by losing her kind and compassionate pastor, Msgr. Rom, due to Covid-19. Around Long Island, churches have seen an average decline of offering by 20 percent. Here at Holy Name of Mary, we are averaging a weekly decline of 30-40 percent in offerings.

Please consider what your family is capable of giving. Consider the needs of your family, how the pandemic impacted your home, speak and pray about it as a family and then, if you are able, please consider a commitment to increasing your offering. The opportunities to give are:

- ♦ **Envelope System**-If you are a registered parishioner, you should be receiving donation envelopes in the mail. If you are not registered, please stop by the Parish Office to fill in a short registration form.
- ♦ **Faith Direct**-The best way to ensure our parish receives the support needed for our operating expenses and ministries is with eGiving through Faith Direct. It is easy to enroll; www.faithdirect.net and use our Church code, NY78.

Baptism Restrictions

Because of the restrictions due to COVID-19, we can only schedule five Baptisms at a time. Baptisms in English are scheduled for the second & fourth Sunday of every month. Please call the Parish Office for available dates. The dates for Baptisms in Spanish are; March 6 and March 13.

Remember in Prayer

All Those Who Are Sick

Father of Goodness and love, hear our prayers for the sick members of our community and for all who are in need...

Louis Adduci, Amy Curcio, Anthony Ippolito
Christine Leonardi, Renato Lim, Kevin Lynch
Joyce M. Lombardi, Theo Mahoney
Michael Senerchia, Benjamin Tabile

All Those Who Have Died

For the souls of the faithful departed, may they be received into the eternal life and peace of heaven...

Jaime Enrique Medina Altamirano
Robert Glockenmeier, Helen McDonnell
Joanne J. Provenzano
Frank J. Ricotta, Sr., John P. Spuches

Safety During COVID-19

***Stay at home if you don't feel well or have symptoms**

***Masks must be worn by all present**

***Sanitize your hands when you enter & leave the Church**

***Keep social distancing in the pews, as indicated by the blue tape, on the Communion line & when you exit.**

Please do not remove any tape to make space to sit.

***Bathrooms will be locked. All hymnals have been removed. Holy water fonts are not available.**


***Please hold your hand out FLAT when receiving Communion. As per Diocesan directives,**

you must not wear gloves. Keep your face covering ON until right before you receive, then immediately put it back on after receiving Communion.

If you must receive by mouth, wait till the end of the line. The priest will sanitize his hands after each person.

***There are collection boxes placed in the main aisle where you can place your donation.**

***The Church will be sanitized daily.**

SUN	MON	TUES	WED	THURS	FRI	SAT
 <p>Copyright 2018 Success Publ. & Media, LLC</p>			17 ASH WED. Attend an Ash Wednesday Liturgy and wear the cross of ashes. If not, stream it!	18 Choose Lenten offerings of prayer, penance and almsgiving.	19 Abstain from eating meat today and make your meals truly penitential.	20 Pick a saint to learn about and imitate. Ask for his or her special help and protection during Lent.
21 Decide what you need to move aside in your life to truly experience Jesus during Lent.	22 Raise the level of your prayer and really think about the meaning of the words you are saying.	23 Put a cross, crucifix or image of Jesus in each room of your home to help keep you focused.	24 As an extra Lenten offering, go without something you truly enjoy—just for today!	25 Pray for God to bless someone you don't get along with or who you know doesn't like you.	26 NO MEAT Pray for those who can't afford to have meat as a regular part of their diet.	27 Make a list of the ways you can help the poor and resolve to do one activity each week.
28 Pray for someone who has died as your Mass intention today.	1 MARCH Pray an extra Rosary today and every day this week.	2 Read the 10 Commandments and renew your commitment to keep them.	3 Just for today, don't listen to the radio while you drive. Pray instead or listen to sacred music.	4 Today, replace each snack with a prayer, or if you do a snack, say an extra prayer of thanksgiving.	5 Eat a meatless meal and remember why you are abstaining.	6 Go to Confession today and experience God's forgiveness.
7 Take 1 idea from today's Gospel or homily to implement during the coming week.	8 At the end of the day, make an examination of conscience. Resolve to amend your life.	9 Ask God for a new grace today that will bring you closer to Him.	10 Make a fresh start on your Lenten journey today. Renew your Lenten observances.	11 Ask Jesus to heal whatever separates you from feeling God's bountiful love.	12 NO MEAT Figure out how much you saved by not eating meat on Fridays. Give it to the poor.	13 Pick a saint to learn about and imitate. Ask for their special help and protection.
14 Laetare Sun. Celebrate the halfway point of Lent. Do something fun after Mass today.	15 Make a good examination of conscience, with the Ten Commandments as a guide.	16 Gather up the loose change around the house and donate the money to a local charity.	17 Resolve to go the entire day without judging or criticizing anyone.	18 Today, do one act of kindness for someone without expecting thanks in return.	19 NO MEAT Consider making today a day of fasting to remind yourself of those for whom hunger is not a choice.	20 Trim down your possessions and give what you don't need to the poor.
21 Try to find signs of new life around your neighborhood.	22 Pray an extra Rosary today.	23 Forgive someone who has hurt you.	24 Make an effort to see others with loving eyes.	25 Read a passage from the Bible.	26 NO MEAT Meditate on the Stations of the Cross today.	27 Perform some act of service for your parish.
28 Welcome the Messiah into your heart.	29 Spend more time in prayer.	30 Have you betrayed Jesus? Ask His pardon.	31 Pray for those who have no one to pray for them.	1 APRIL Find time to be with Jesus.	2 NO MEAT Pray an extra Rosary today.	3 Find time to be with Jesus.

PENITENTIAL ACT

**I confess to almighty God
And to you, my brothers and sisters,
That I have greatly sinned,
In my thoughts and in my words,
In what I have done and
In what I have failed to do,**

(Pray while striking the breast three times)
**through my fault, through my fault,
through my most grievous fault;
Therefore I ask blessed Mary ever-Virgin,
All the Angels and Saints,
And you, my brothers and sisters,
To pray for me to the Lord our God.**

GLORIA

**Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand
of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

NICENE CREED

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

*(At the words that follow, up to and including
and became man, bow your head)*
**and by the Holy Spirit was incarnate of the
Virgin Mary, and became man.
For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins, and I look forward to the
resurrection of the dead
and the life of the world to come.
Amen.**