

*Mass Intentions***MONDAY, FEBRUARY 12, 2024** *Mark 8:11-13*

8:30am Genevieve &amp; Santo Oliva

12:10pm Private Intention

**TUESDAY, FEBRUARY 13, 2024** *Mark 8:14-21*

8:30am Caitlin Ingoglia &amp; Raymond Hintze

12:10pm Barry Murphy

**WEDNESDAY, FEBRUARY 14, 2024** *Matthew 6:1-6, 16-18**Ash Wednesday*

8:30am Private Intention

12:10pm Private Intention

7:00pm Private Intention

8:30pm Private Intention

**THURSDAY, FEBRUARY 15, 2024** *Luke 9:22-25*

8:30am Jonathan Val (Living-Birthday Blessings)

12:10pm Intentions of Anne Marie's Beloved Friends  
& Their Families**FRIDAY, FEBRUARY 16, 2024** *Matthew 9:14-15*

8:30am Frank Simonelli

12:10pm Private Intention

**SATURDAY, FEBRUARY 17, 2024** *Luke 5:27-32*

8:30am Private Intention

5:00pm Parishioners of Holy Name of Mary

**SUNDAY, FEBRUARY 18, 2024** *Mark 1:12-15**First Sunday of Lent*

7:45am Anna &amp; Michael Apollo (Living)

9:00am Carmine Desio

George Herron

Anthony Joseph Medaglia

Jude Arlington Leacock

Catherine Asta

11:00am James J. Herron (92nd Birthday in Heaven)

Michael J. Cheverino

David Reiner

1:00pm Maria Del Carmen Mateo

Maria &amp; Rogelio Alvarado

Elena Luz Alvarado

*Next Sunday's Liturgy—February 18***Readings for First Sunday of Lent****1st Reading: Genesis 9:8-15** God establishes the rainbow as a sign of the covenant with all living things.**Psalm 25:4-5, 6-7, 8-9** God guides and teaches those who are humble enough to accept instruction.**2nd Reading: 1 Peter 3:18-22** God waited patiently for Noah to build the ark of his salvation.**Gospel: Mark 1:12-15** After the trial in the desert, Jesus proclaims repentance and the Kingdom coming.**FOCUS: Repent, and believe in the Gospel.**

To repent means to feel regret and sorrow and to change, or "turn from" what is evil. Gospel is a word meaning "good news." To "repent and believe in the Gospel" is the twofold call of the Christian, which is brought into profound relief during the Lenten season. This time of prayer and preparation for Easter shows there is indeed cause for regret and sorrow, and a need for change. And yet, what we are turning toward as we turn from sin is always cause for joy and hope.

*Almighty and eternal God, protect the men and women who serve in our military. Protect them with the shield of Your strength and keep them safe from all evil and harm. May the power of Your love enable them to return home in safety, that with all who love them, they may ever praise You for Your loving care. Amen.**Eucharistic Adoration*

You are invited to pray in front of the Blessed Sacrament every Thursday following the 12:10pm Mass, until 6pm; and every Saturday from 7pm - 8pm.

*Priest Schedule of Masses***Saturday, February 17, 2024**

5:00 pm Fr. David Regan

**Sunday, February 18, 2024**

7:45 am Fr. Mike Lombardi

9:00 am Fr. David Regan

11:00 am Fr. Mike Lombardi

1:00 pm Fr. Roger Velasquez

*Presider  
Subject  
To  
change*



...Fr. David Regan

Lent is a season of penance and spiritual warfare. The enemy is concupiscence, the world, and the devil. The goal is pure hearts so that we can joyfully celebrate the resurrection of our Lord at Easter, the greatest feast of the liturgical year. In a way, Lent should be a microcosm of our entire struggle on earth, just as the Paschal feast of Easter is a microcosm of our heavenly triumph in Christ. Yet, a good Lent takes focus and discipline, and it can easily be wasted.

Many of us begin Lent with great intentions. We imagine going into full monk mode, fasting and praying. *Maybe* for the first week we succeed. Then, just when we are feeling good about ourselves, everything falls apart and we come face to face with our own weakness. We've all been there at some point, and so today I'd like to share some practical tools for a good Lent.

- 1. Have a plan** – The fastest way to ruin Lent is to have good intentions but no plan. Be specific. One word of advice: Make it doable. Often, we are overly ambitious and commit to way too much. When we fail in our Lenten goals, we grow discouraged and give up completely. This is a victory for the devil. Make your commitments modest and practical, and your Lent will be the better for it.
- 2. Read a good book** – The saints are constantly exhorting us to read good spiritual books, and there is no better time to begin this practice than during Lent. Reading Scripture or the writings of the saints is a great place to start. Here are some suggestions for Lenten reading: *Meditations for Lent* by Jacques-Benigne Bossuet, *The Imitation of Christ* by Thomas a Kempis, *Humility of Heart* by Fr. Cajetan Mary da Bergamo, *True Devotion to Mary* by St. Louis de Montfort, *The Spiritual Combat* by Dom Lorenzo Scupoli, *Happy Are You Poor* by Fr. Thomas Dubay, *Letter to Friends of the Cross* and *Love of Eternal Wisdom* by St. Louis de Montfort.
- 3. Examine** – Lent is an excellent time to take an inventory of the state of your soul. What are your faults? Do you have any hidden idols in your life? What is keeping you from following the will of God with all your heart? Use a thorough examination of conscience to help you assess your spiritual health. While taking inventory of your sins may be painful, it is a healthy pain that restores the soul.
- 4. Confess your sins** – After examining your conscience, the next step is to go to confession. Before receiving the sacrament of penance, though, remember the five requirements for a good confession: a) Examination of conscience b) True contrition for having offended God c) Firm resolution to sin no more d) Clear confession (don't hold any sins back) e) Penance for the sins you have committed
- 5. Pray** – Lent is a great time to plan and implement a daily prayer rule that can guide you the rest of the year. Focus your prayers on repentance and contrition for our sins. Here are some suggestions. The Sorrowful Mysteries of the Rosary; The Stations of the Cross; The Divine Mercy Chaplet. Take your time.
- 6. Fast** – Fasting is the discipline of refraining from an earthly good, namely food, in order to hunger for the greater things of heaven. The no we say to the little pleasures empower us to say no to the greater temptations and evils. We are called to make acts of mortification along with fasting. This means allowing the little discomforts to be united with prayer. Are you consumed with your phone or social media? Give it up. On the other hand, maybe you're addicted to criticizing others. Make a special effort to refrain from negative speech. The point is, while fasting from certain foods is an excellent ascetical practice, we do not have to limit our Lenten disciplines to things we eat. Remember the words of Jesus: "If your eye offends you, pluck it out." Nothing should stand between us and the heavenly kingdom, and we should be intentional about cutting off those things that are causing us to sin.
- 7. Give alms** – During Lent, we remember the sacrifice of our Lord Jesus Christ on the cross. This is the greatest act of generosity in history, for Jesus died not just for his friends, but for his enemies. "God shows his love for us in that while we were yet sinners Christ died for us" (Romans 5:8). The generosity of God in Christ should impel us to be generous and merciful to others, especially those poor and in need. This Lent, find a way to give, whether it is supporting the Church or helping at a homeless shelter, etc. Remember the promise of Jesus, "And whoever gives to one of these little ones even a cup of cold water because he is a disciple, truly, I say to you, he shall not lose his reward."

This Lent, do your best with the grace of the Trinity. Strive to root out sin and cultivate holiness. But when you fail, let your failure be a lesson in humility that drives you back to the grace of God flowing from the pierced heart of Jesus—for that is the true heart of Lent.



## Preparing For Lent

Today is a day of both penitence and joy.

We pause to recognize our sinfulness and our need to repent. At the same time, we are so proud to be marked with the cross. This mark is not shameful; it is our identity.

We belong to Christ, and He to us.

How will we proclaim that identity this Lent,

when the ashes have fallen away?

Lord Jesus Christ, be with us every step of the way

as we take up this Lenten journey.

Prayer



Fasting



Almsgiving



## ASH WEDNESDAY FEBRUARY 14

7:30 am

Liturgy of the Word  
with Distribution of Ashes  
Deacon Scott Baker

8:30 am

Mass  
with Distribution of Ashes  
Fr. Mike Lombardi

12:10 pm

Mass  
with Distribution of Ashes  
Fr. Mike Lombardi

1:30 pm

Liturgy of the Word  
with Distribution of Ashes  
Fr. Roger Velasquez

4:00 pm

Liturgy of the Word  
with Distribution of Ashes  
Deacon Clyde Ruggieri

5:45 pm

Liturgy of the Word  
with Distribution of Ashes  
Deacon Jim O'Hara

7:00 pm

Mass  
with Distribution of Ashes  
Fr. David Regan

8:30 pm

Mass in Spanish  
with Distribution of Ashes  
Fr. Roger Velasquez

*Ash Wednesday & Good Friday*  
are days of Fast and Abstinence  
from meat. There is a limit to one  
full meal for everyone between the  
ages of 18 and 59, inclusive.





*We adore thee, O Christ, and we bless thee. Because by Your holy cross, You have redeemed the world.*

YOU are invited to pray the **Stations of the Cross**  
as we walk with Jesus every Friday evening during Lent,  
**February 16—March 22; 7:00pm** (English) **7:30pm** (Spanish)

The Stations of the Cross is a Lenten devotion that offers witness to Jesus' Passion and Death. At each station we use our senses and our imagination to reflect prayerfully upon Jesus' suffering, death, and Resurrection, and to experience the visual images to reflect on Christ's love for us.

## *Lent: A Time of Renewal & Grace*



### The Lenten Journey

*Lent is a time when, we, as Christians, prepare ourselves  
for Easter and draw closer to God.*

*How will you prepare yourself for your Lenten Journey?*

You're invited to pray the Rosary with fellow parishioners  
during the 2024 Lenten Season, via ZOOM.

**When:** Every Tuesday, beginning February 20th,  
ending March 26th  
**Time:** 7:30 PM  
**Where:** ZOOM platform  
**Meeting ID:** 966 179 5749  
**Passcode:** Rosary

*See you on ZOOM!*

SUN	MON	TUES	WED	THURS	FRI	SAT
			<b>14 ASH WED.</b>  Wear ashes today as a sign that you are seeking forgiveness from Christ.	<b>15</b>  Adopt a seminarian to pray for this Lent. Check DRVC website for names.	<b>16</b>  <b>Abstain from eating meat every Friday during Lent as a form of penance.</b>	<b>17</b>  Pray for pregnant mothers and their unborn babies.
<b>18</b>  Offer a Rosary for all the intentions of the Pope.	<b>19</b>  Set aside an empty jar for loose change and donate it to the SVdP poor box.	<b>20</b>  Offer a small sacrifice for God today—skip the coffee tea or soda. Drink water.	<b>21</b>  Fill up an empty box with gently used clothes that you no longer wear and donate them.	<b>22</b>  Today, look for opportunities to practice the virtues of humility, patience, & kindness.	<b>23 NO MEAT</b>  Attend Stations of the Cross and walk with Jesus. 7pm-English 7:30p-Spanish	<b>24</b>  Pick a saint to accompany you during Lent. Learn about them and ask them to pray for you.
<b>25</b>  Pray for someone who has died as your Mass intention today.	<b>26</b>  Give up worry. Write down what worries you and leave it before an image of Jesus.	<b>27</b>  Read the 10 Commandments and renew your commitment to keep them.	<b>28</b>  Just for today, don't listen to the radio while you drive. Pray instead or listen to sacred music.	<b>29</b>  Pick an issue in the news and pray over it today.	<b>1 MARCH</b>  Eat a meatless meal and remember why you are abstaining.	<b>2</b>  Go to Confession today and experience God's forgiveness.
<b>3</b>  Read John 2:13-25. "Clean the temple" of your heart to make more room for God.	<b>4</b>  Jot down a favorite Bible verse and carry it with you. Pray with it all day.	<b>5</b>  Ask Jesus to heal whatever separates you from feeling God's bountiful love.	<b>6</b>  Catch up with a friend you haven't talked to in awhile.	<b>7</b>  Visit the Blessed Sacrament and spend time with Him in silent prayer.	<b>8 NO MEAT</b>  Attend Stations of the Cross and walk with Jesus. 7pm-English 7:30p-Spanish	<b>9</b>  Fast from unnecessary screen use today. Instead read a book, walk, pray.
<b>10 Laetare Sunday</b>  Celebrate the halfway point of Lent. Enjoy something you gave up for Lent today.	<b>11</b>  Until the end of Lent, only buy essentials like food, drink, medicine.	<b>12</b>  Ask forgiveness from those you have hurt. Forgive those who have hurt you.	<b>13</b>  Resolve to go the entire day without judging or criticizing anyone.	<b>14</b>  Today, do one act of kindness for someone without expecting thanks in return.	<b>15 NO MEAT</b>  Consider making today a day of fasting as a reminder of those for whom hunger is not a choice.	<b>16</b>  Pray for an increased faith throughout the Church in the Real Presence of Christ in the Eucharist.
<b>17 St. Patrick</b>  Learn about and imitate St. Patrick.	<b>18</b>  Pray an extra Rosary today.	<b>19 St. Joseph</b>  Pray for fathers & entrust them to St Joseph's care.	<b>20</b>  Complete a chore that you've been putting off.	<b>21</b>  Read a passage from the Bible.	<b>22 NO MEAT</b>  Meditate on the Stations of the Cross today.	<b>23</b>  Perform some act of service for your parish.
<b>24 Palm Sun.</b>  Display blessed palms around your home.	<b>25</b>  Go to Confession if you haven't yet.	<b>26</b> Pray for those who are coming into the Church at Easter	<b>27</b>  Pray for those who have no one to pray for them.	<b>28 Holy Thurs</b>  Visit the Blessed Sacrament.	<b>29 NO MEAT Good Friday</b>  Read the Passion of Christ.	<b>30 Holy Sat</b>  Pray for peace around the world.



## HOLY NAME OF MARY PRESENTS

*Drawing Closer To God Through the Sacred Arts:**A Lenten Icon Writing Workshop - led by Father Michael*Workshop dates are as follows:

Saturday February 17 <sup>th</sup>	10:00am - 3:00 pm	Cafeteria
Saturday February 24 <sup>th</sup>	10:00am - 3:00 pm	Cafeteria
Saturday March 2 <sup>nd</sup>	10:00am - 3:00 pm	(Location TBD)
Saturday March 9 <sup>th</sup>	10:00am - 3:00 pm	Cafeteria
Saturday March 16 <sup>th</sup>	10:00am - 3:00 pm	Cafeteria
Saturday March 23 <sup>rd</sup>	10:00am - 3:00 pm	(Location TBD)

*\*\* Last two workshop dates TBD after Easter.*

The workshop begins **Saturday, February 17<sup>th</sup> at 10:00 am**, and will run for the next consecutive Saturdays through April. (The class requires between 35 - 40 hours.) The last two workshops will be scheduled by the class, following the Easter Holiday. **The cost of the workshop is \$300.00/person. No Experience Required!**

All Supplies will be provided:

- a) 11x17 size board; b) Acrylic Paint medium; c) Painting brushes /equipment;  
d) Gold/ Silver leafing; e) step by step instruction on how to write your own personalized icon.

The subject for our icon workshop will be *Mary with the Child Jesus - Tenderness Pose*. With guidance and instruction from Fr. Mike, every person who attends the workshop will complete their own icon from start to finish. Moreover, in our time together, we will also learn a bit about the history, theology and the step-by-step technique of icon writing. No prior experience is required and everyone is welcome to participate.

*For any questions about the workshop, please call Fr. Michael at the Rectory office; 516-825-1450.*

***Sign up today in the Rectory Office! Seats are limited: only 17 seats available.***

*Msgr. Mulligan Memorial***Bread & Wine,  
Candles, or Flowers**

*In Memory of  
Your Loved One*

There are many available dates to remember a loved one with the Msgr. Mulligan Memorial of **Bread & Wine, Candles, or Flowers**. These intentions begin on a Sunday and end on the following Saturday. Your loved one will be remembered at every Mass throughout the week. Please stop in at the Parish Office if you would like to schedule your special intention.

Bread & Wine or Candles = \$50.00    Flowers = \$125.00

*Financial Information*

Weekly budget amount to meet parish expenses	\$13,882
Weekly offering of February 4, 2024	\$13,590
Faith Direct (average of weekly donation)	\$ 1,998
TOTAL of weekly offering & Faith Direct/Other	\$15,588
Surplus	\$ 1,706

*Banns of Marriage***First Week**

Alphonso Marte (*Holy Name of Mary*)  
& Karla Vintimilla

# HELP US FEED PEOPLE IN NEED IN OUR OWN PARISH

HNM Religious Education students will be collecting non-perishable foods to help fill the shelves in our food pantry. There are St. Vincent de Paul food bins located at the main entrances of the Church for your generous donations. Collection ends on March 10, 2024.



## **Most Needed Items:**

**Peanut butter**  
**Jelly/Jam**  
**Cooking Oil**  
**Tuna**  
**Soup**  
**Oatmeal**

## **ST. FRANCIS COMMUNITY OUTREACH BUS**

St. Francis Community Outreach Bus will be in Nassau County to provide free health screenings with brief cardiac history, blood pressure, and cholesterol and diabetes screenings for those 18 years and older. Dates and locations are listed below. Please help us spread the word about these free services by sharing this information with constituents and on social media!

### **St. Francis Hospital Community Bus Locations:**

Thursday, February 15 – St. Joseph Hospital, Bethpage  
Friday, February 16 – Williston Park Library, Williston Park  
Tuesday, February 20 – Malverne Public Library, Malverne  
Wed., February 21 – Oceanside Public Library, Oceanside  
Friday, February 23 – Marjorie Post Park, Massapequa

### **Have you included**

#### **Holy Name of Mary Church in your will?**

One way to ensure that our parish continues, is to name Holy Name of Mary Church in your will. Contact the Parish Office to receive information on how to make HNM a part of your will.

## **BEREAVEMENT PROGRAM-Sign up now!**

An 8 week bereavement program for adults who have experienced the death of a spouse, child, parent, sibling, relative or friend. Meetings will be held on **Tuesdays at 7:30pm**, beginning **March 12th**. This program, run by a professional social worker and experienced leaders, offers support, information and an opportunity to understand the grieving process. There is no fee for this program, but registration is necessary. Call Parish Outreach at 825-0177, for more information or to register.

## **THANK YOU FOR YOUR CONTINUED GENEROSITY...**

With much gratitude to all those who generously donated socks, hats and gloves to the recent sock drive sponsored by the Religious Education Program. We collected 200 pairs of socks, in all sizes, 20 hats and gloves. These donations will be sent to "The Inn" (Interfaith Nutrition Network), in Hempstead, a non-profit organization committed to helping the hungry and the homeless on Long Island. Thank you to the parishioners of HNM, always helping those in need!

## Father Thomas F.B. Carroll Knights of Columbus Council 4566

On Sept 30, 1953, Father Thomas Carroll was assigned as an assistant at Holy Name of Mary RC Church in Valley Stream, NY. An exceptional basketball player in his seminary days, he was popular with the youth of the Parish. His dream was to establish a local Knights of Columbus council. Unfortunately before he could realize his dream, an accident claimed his life at age 44. Father Carroll sustained critical burns while enjoying a summer afternoon barbecue party with relatives and friends. He died on July 21, 1957, a few days after the accident. In early 1958 several members of the Holy Name Society formed a new council of the Knights of Columbus and named it the Father Thomas F. B. Carroll Council in his honor.

### Our Main Principle:

Charity: At the heart of our work and our faith. Charity means supporting a variety of projects including, our parish and community. Members of our Council currently serve as Ushers, Lectors, SVDP members, and Parish boards. Monetary donations to local Charities and the Parish exceed well over \$650,000 plus countless volunteer hours.

### Celebrating our 66<sup>th</sup> Anniversary:

On Sunday, March 3<sup>rd</sup> the members of our Council and family will attend the 11:00 am Mass to celebrate its 66<sup>th</sup> Anniversary. Members of the Parish are invited to attend our celebration at St Mary's/ Maris Stella KOC Council in Lynbrook. This event will be the first of our Fundraisers to help support HNM Parish in 2024. *(See details below.)* The Knights of Columbus consist of men who stand united with their brothers to support our Parish and community. Please join us on March 3<sup>rd</sup> 2024 to celebrate our council and support our parish. For information please contact: Grand Knight: Mark Daley at 516-284-9129 or daleym212@gmail.com.



### *Fr. Thomas F. B. Carroll KOC Celebrates 66 Years of Service*

*All are invited to join us at the KOC Hall  
78 Hempstead Ave., Lynbrook, NY*

*Sunday, March 3, 2024*

*1:00 PM to 5:00 PM*

*Cost per person: \$55.00*

*Includes Buffet Dinner & Dessert, Beer, Wine & Soda  
(Make checks payable to Fr. Thomas Carroll KOC)*

For tickets, contact GK Mark Daley at 516-284-9129 or daleym212@gmail.com.

Yes, I will be attending the Fr. Thomas F. B. Carroll Anniversary Celebration on March 3, 2024.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

# of people attending: \_\_\_\_\_ \$55.00 per person - Total Enclosed: \$ \_\_\_\_\_

Please make checks payable to: Fr. Thomas Carroll KOC.  
Return this completed form, with payment, to the Parish Office.



## Letter to Parents and Children Inviting You to Join the Altar Server Ministry at Holy Name of Mary

Dear Young Boys and Girls,

We hope this message finds you well and filled with the joy of faith. We are excited to invite you, our young parishioners, to consider joining the Altar Server Ministry at Holy Name of Mary. I have shared that my journey as an altar server began in 4th grade, and I continue to serve as a priest today. The path of an altar server is both beautiful and fulfilling, and it has the potential to be equally transformative for you.

### Why become an altar server?

Being an active participant in the celebration of the Mass is an extraordinary experience. It's not merely about assisting during the liturgy; it's about deepening your understanding of the perfect prayer and strengthening your relationship with God. You will learn valuable lessons about service, reverence, and compassion by serving at the altar. You can apply these lessons within the church and in your everyday life as you help those in need.

### Training and Support

Our dedicated team will provide training sessions to prepare you for your role as an altar server. You will gain a profound understanding of the sacred rites of our holy faith, enabling you to serve the church with joy and reverence. Training sessions for new and continuing Altar Servers will be held on **Saturday, February 17, 2024, at 12 pm**, and additional dates will be scheduled in the future. Altar Servers who assist at funerals or weddings will receive a stipend of \$25. Your dedication and service are truly appreciated.

### A Message from Pope Benedict XVI

In 2006, Pope Benedict XVI addressed altar servers with inspiring words that we wish to share with you: "You are, in fact, already apostles of Jesus! When you take part in the liturgy by carrying out your altar service, you offer a witness to all." Your absorption, devotion, gestures, songs, and responses can profoundly impact those around you. The Eucharist represents the source and summit of our bond of friendship with Jesus. You are in close communion with Jesus during the Eucharist, and this closeness is the most important sign of His friendship with each one of us. Please do not forget this. (Excerpt from Pope Benedict XVI, *Address to Altar Servers, August 2, 2006*).

### Would you happen to know who can join?

Any young parishioner who has received their First Communion is welcome to become an altar server. Your faith journey continues, and this is an opportunity to deepen your connection with Christ and our parish community. We thank you for considering this special invitation and saying "yes" to serving the Lord. You are most welcome to join the Altar Server Ministry at Holy Name of Mary.

In Christ,

Fr. Roger Velásquez

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_

Parent Email: \_\_\_\_\_ Phone: \_\_\_\_\_

- ☐ I am interested in becoming an Altar Server
- ☐ I am currently an Altar Server and wish to continue.
- ☐ I am interested in serving weddings and funerals.



Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

MY FIRST  
RECONCILIATION

Congratulations to the following students who celebrated their **First Reconciliation** on Saturday, February 3rd. Thank you to all those who helped prepare them for this Sacrament.

Please pray for them as they now prepare for the Sacrament of **First Holy Communion**.

Kylie Alonzo	Jerald Diaz	Charlotte Longo	Evan Reynoso
Gabriel Berrios	Melanie Diaz	Aaron Lopez	Eva Harper Rivera
Aubree Betances,	Aliyah Dumont	Gabriel Lopez	Dylan Smyth
Emma Chowdhury	Jacob Espanol	Liam Lopez	Mekenna Stelmokas
Giulia Cioffi	Alejandra Fernandez	Alexander Martinez	Anna Thompson
Aubree Colon	Emma Goettisheim	Joseph Martinez	Juliette Thompson
Khloe Colon	Elliana Guichard	Elijah McCook	Liam Torres
Matthew Colon	Jazlene Gutierrez	Eric Morales	Mila Torres
Daniel Cooper	Joyanna Gutierrez	Matias Morocho-Aguinaga	Olivia Torres
Katelynn Cordova	Penelope Guzman	Theodore Nimmo	James Tuason
Luna Cowley	Kendelle-Rose John	Emily Perez	Maia Villanueva
Jaimie Cubilete	Maja Jusko	Macie Ponce	Emmanuel Williams
Riley Cummins	Ameliah Laurent	Christopher Pluviose	London Williams
Jaiden Delgado	Antonella Leon	Jayden Ramos	Mauricio Zea
	Annie Kinzey	Fernando Regalado Padilla	



The Diocese of Rockville Centre  
**GOLDEN WEDDING  
ANNIVERSARY MASSES**

Honoring Couples Married Fifty Years

The Diocese of Rockville Centre would like to honor those couples who are celebrating 50 years of Marriage by attending one of the Masses below for a special blessing.

**Sunday, April 21, 2024, at 3:00 pm**

**The Cathedral of St. Agnes, Rockville Centre**

Celebrant: Most Reverend Andrzej Zglejszewski

*Registration must be received by Tuesday, April 16, 2024*

**Sunday, May 5, 2024, at 3:00 pm**

**Church of Our Lady of Mount Carmel, Patchogue**

Celebrant: Most Reverend Robert J. Coyle

*Registration must be received by Tuesday, April 30, 2024*

Register online at [drcv-faith.org](http://drcv-faith.org)

If you have any questions, please contact  
Lisette Robustelli at 516-678-5800, x200

## Lenten Prayer & Reflection Series on Suffering



*Presented by our priests & deacons  
on the following Tuesdays in our Church*

**Tues., Feb. 20 at 7 PM Deacon James O'Hara**  
will give a presentation to children.

**Tues., Feb. 27 at 7 PM, Rev. Michael Lombardi**  
will present & lead prayer for adults & families.

**Tuesday, March 5 at 8 PM, Deacon Clyde Ruggieri**  
will present & lead prayer for adults & families.

**Tuesday, March 12 at 7 PM, Fr. Madella Prathap**  
will present & lead prayer for adults & families.

**Tuesday, March 19 at 8 PM, Deacon Scott Baker**  
will present & lead prayer for adults & families.

*HNM School Registration*

Join in the Spirit at Holy Name of Mary School, an AdvancEd Accredited School. To register your child for Nursery (full day, age 3), Pre-K (full day, age 4), Kindergarten (full day, age 5) or Grade 1 through 8, contact our School Office to make an appointment at 516-825-4009, or visit [www.hnomschool.org](http://www.hnomschool.org) for registration materials and details. Before and after school care is available for all registered students. Follow Holy Name of Mary School on Instagram and Facebook @ hnomschoolvalleystream.

*Remember In Prayer***All Those Who Are Sick**

*Father of Goodness and love, hear our prayers for the sick members of our community and for all who are in need...*

Annie Bottone, Flo Facibene

Anthony Ippolito, Declan Jurgens

Kevin Lynch, Joanne Menzies, Richard Menzies

Nial Pace, Charlie Parker, Jane Pope

Francine Raimondi, Vincent Raimondi, Mary Ryder

Mary Lou Shannon, Marey Simek

(Names will remain on the sick list for **four weeks only**. If you would like to have the name listed again, please notify the Parish Office.)

**All Those Who Have Died**

*Please remember in prayer the recently deceased, of our parish and for those who mourn their loss.*

*We also remember all the souls in Purgatory.*

Catherine Asta, Robert F. McKenna

Kathleen Swigert

*Eucharistic Minister Schedule*

**Saturday, February 17, 2024**

**5:00pm**

**HOST}** B. We, J. Menzies

**Sunday, February 18, 2024**

**7:45am**

**HOST}** L. Dascher, L. Radice

**9:00am**

**HOST}** R. Abiuso, M. Daley

**11:00am**

**HOST}** C. Salcedo, J. Salcedo

*Baptism Schedule*

Baptisms in English are scheduled on the second and fourth Sunday of every month at 3pm. Baptisms in Spanish are scheduled on the second Saturday of every month at 12 noon. Please call the Parish Office for available dates. Baby's birth certificate and signed sponsor forms from godparents are required.

*St. Vincent de Paul Message*

In the Gospel today Jesus moved with pity, touched the leper and healed him. Let us pray today for the grace to be generous with our gifts to help those who are suffering. By your gift to the Society of St. Vincent de Paul you indeed put your faith into action as you bring healing to the poor, hungry and weeping.

**Pantry needs:** paper towels, toilet tissue, **peanut butter**, **jelly**, pasta sauce, juice, evaporated milk, canned meats, tuna, soup, canned pasta, cooking oil, soap, laundry detergent, toothpaste

**If you or someone you know needs assistance, call SVdP or Parish Outreach at 516-825-0177. Your generous offerings helps us assist families in need in our own parish. Thank you!**

*Welcome*  
to Our Church

If you and your family recently moved to Valley Stream and wish to become registered parishioners of Holy Name of Mary Church, (or maybe you attend Mass regularly and have never registered), please visit the Parish Office to fill out a short registration form. Using our envelope system is the only way to have all your donations recorded.

***Loose checks are not recorded, they must be placed in your registered parishioner envelope.***





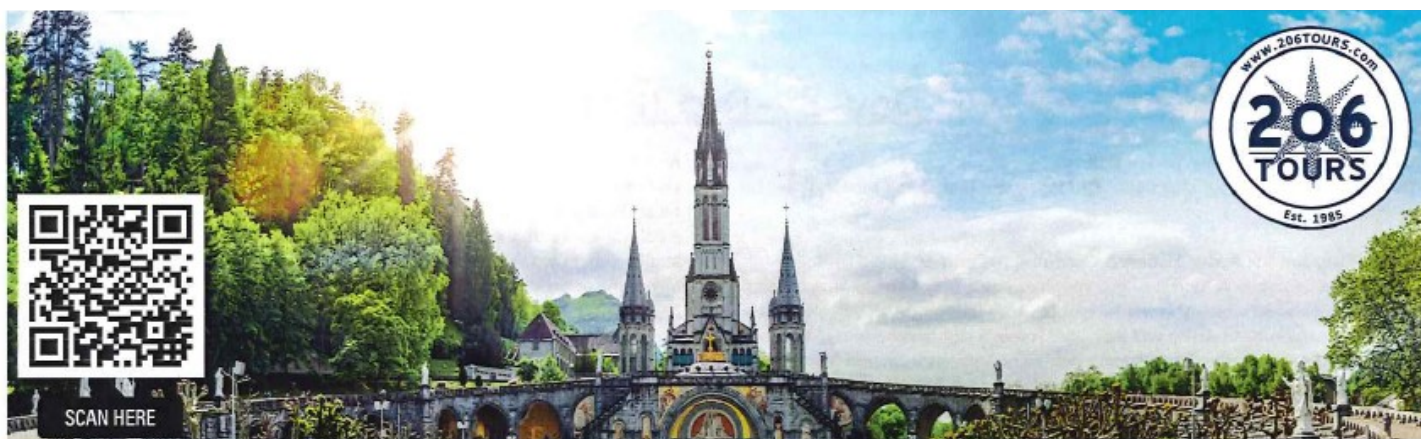
...P. David Regan

La Cuaresma es una temporada de penitencia y guerra espiritual. El enemigo es la concupiscencia, el mundo y el diablo. El objetivo son corazones puros para que podamos celebrar con alegría la resurrección de nuestro Señor en la Pascua, la fiesta más grande del año litúrgico. En cierto modo, la Cuaresma debería ser un microcosmos de toda nuestra lucha en la tierra, así como la fiesta pascual de la Pascua es un microcosmos de nuestro triunfo celestial en Cristo. Sin embargo, una buena Cuaresma requiere concentración y disciplina, y puede desperdiciarse fácilmente.

Muchos de nosotros comenzamos la Cuaresma con grandes intenciones. Nos imaginamos entrando en modo monje completo, ayunando y orando. Quizás durante la primera semana lo consigamos. Entonces, justo cuando nos sentimos bien con nosotros mismos, todo se desmorona y nos encontramos cara a cara con nuestra propia debilidad. Todos hemos pasado por eso en algún momento, y por eso hoy me gustaría compartir algunas herramientas prácticas para una buena Cuaresma.

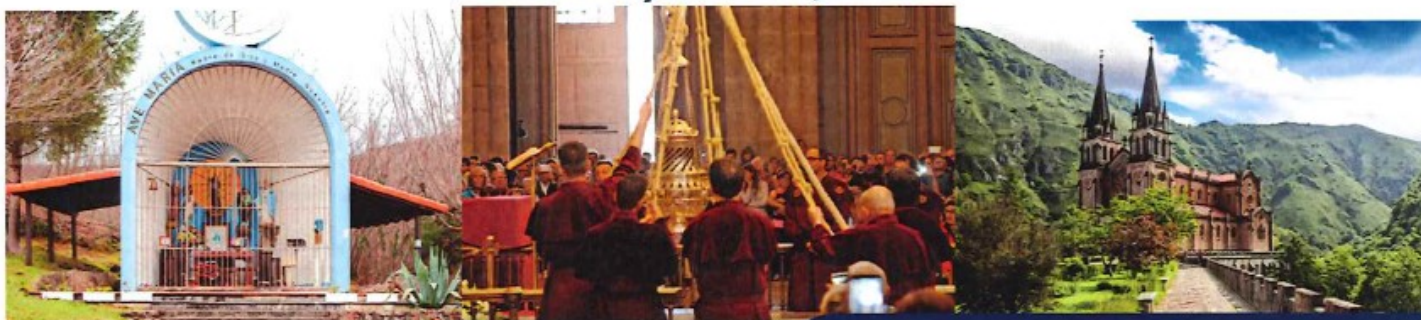
1. Tenga un plan: la forma más rápida de arruinar la Cuaresma es tener buenas intenciones pero ningún plan. Se específico. Un consejo: hazlo factible. A menudo somos demasiado ambiciosos y nos comprometemos demasiado. Cuando fallamos en nuestras metas de Cuaresma, nos desanimamos y nos damos por vencidos por completo. Esta es una victoria para el diablo. Hagan sus compromisos modestos y prácticos, y su Cuaresma será mejor por ello.
2. Leer un buen libro – Los santos nos exhortan constantemente a leer buenos libros espirituales y no hay mejor momento para comenzar esta práctica que durante la Cuaresma. Leer las Escrituras o los escritos de los santos es un excelente lugar para comenzar. Aquí hay algunas sugerencias para la lectura de Cuaresma: Meditaciones para la Cuaresma de Jacques-Benigne Bossuet, La imitación de Cristo de Tomás de Kempis, Humildad de corazón del P. María Cayetano de Bérgamo La verdadera devoción a María por San Luis de Montfort, El combate espiritual por Dom Lorenzo Scupoli Felices sois pobres por el P. Thomas Dubay, Carta a los Amigos de la Cruz y del Amor de la Sabiduría Eterna de San Luis de Montfort.
3. Examina: La Cuaresma es un momento excelente para hacer un inventario del estado de tu alma. ¿Cuales son tus defectos? ¿Tienes algún ídolo escondido en tu vida? ¿Qué te impide seguir la voluntad de Dios con todo tu corazón? Utilice un examen de conciencia exhaustivo para ayudarlo a evaluar su salud espiritual. Si bien hacer un inventario de tus pecados puede ser doloroso, es un dolor saludable que restaura el alma.
4. Confiesa tus pecados – Después del examen de conciencia, el siguiente paso es confesarte. Sin embargo, antes de recibir el sacramento de la penitencia, recuerde los cinco requisitos para una buena confesión: a) Examen de conciencia b) Verdadera contrición por haber ofendido a Dios c) Resolución firme de no pecar más d) Confesión clara (no retener ningún pecado) atrás e) Penitencia por los pecados que has cometido
5. Ora – La Cuaresma es un buen momento para planificar e implementar una regla de oración diaria que puede guiarte el resto del año. Enfoca tus oraciones en el arrepentimiento y la contrición por nuestros pecados. Aquí hay algunas sugerencias. Los Misterios Dolorosos del Rosario Las Estaciones de la Cruz La Coronilla de la Divina Misericordia. Tome su tiempo.
6. Ayuno – El ayuno es la disciplina de abstenerse de un bien terrenal, es decir, la comida, para tener hambre de las cosas más grandes del cielo. El no que decimos a los pequeños placeres nos capacita para decir no a las tentaciones y males mayores. Estamos llamados a realizar actos de mortificación junto con el ayuno. Esto significa permitir que las pequeñas molestias se unan con la oración. ¿Estás consumido por tu teléfono o tus redes sociales? Ríndete. Por otro lado, tal vez seas adicto a criticar a los demás. Haga un esfuerzo especial por abstenerse de hablar negativamente. El punto es que, si bien el ayuno de ciertos alimentos es una excelente práctica ascética, no tenemos que limitar nuestras disciplinas de Cuaresma a las cosas que comemos. Recuerda las palabras de Jesús: “Si tu ojo te hace caer, sácatelo”. Nada debe interponerse entre nosotros y el reino celestial, y debemos ser intencionales en eliminar aquellas cosas que nos hacen pecar.
7. Dar limosna – Durante la Cuaresma, recordamos el sacrificio de nuestro Señor Jesucristo en la cruz. Este es el mayor acto de generosidad de la historia, porque Jesús murió no sólo por sus amigos, sino también por sus enemigos. “Dios muestra su amor para con nosotros, en que siendo aún pecadores, Cristo murió por nosotros” (Romanos 5:8). La generosidad de Dios en Cristo debería impulsarnos a ser generosos y misericordiosos con los demás, especialmente con los pobres y necesitados.

Esta Cuaresma, encuentre una manera de dar, ya sea apoyando a la Iglesia o ayudando en un refugio para personas sin hogar, etc. Recuerde la promesa de Jesús: “Y cualquiera que le dé a uno de estos pequeños aunque sea un vaso de agua fría, porque es un discípulo, de cierto te digo que no perderá su recompensa”. Esta Cuaresma, haz lo mejor que puedas con la gracia de la Trinidad. Esfuércese por erradicar el pecado y cultivar la santidad. Pero cuando fracasas, deja que tu fracaso sea una lección de humildad que te lleve de regreso a la gracia de Dios que fluye del corazón traspasado de Jesús, porque ese es el verdadero corazón de la Cuaresma.



## Pilgrimage to Fatima, Santiago de Compostela, Garabandal, Covadonga & Lourdes

**Holy Name of Mary R.C. Church  
Valley Stream, NY**



### Your Pilgrimage Includes:

- Round Trip Air Transportation from New York, JFK
- Fuel Surcharges and Airport Taxes
- 11 Nights at Centrally Located First Class Hotels (except Garabandal) as Follows (or similar)
  - 3 Nights: Jun 25 – Jun 28: Hotel Santa Maria, Fatima
  - 2 Nights: Jun 28 – Jun 30: Hotel Compostela, Santiago de Compostela
  - 3 Nights: Jun 30 – Jul 03: Hosteria Garabandal, Garabandal
  - 3 Nights: Jul 03 – Jul 06: Hotel Chapelle et Park, Lourdes
- Breakfast and Dinner Daily
- Wine with Dinners
- Professional Tour Escort
- Transfer by Private Motor Coach
- Sightseeing as per Itinerary
- Entrance Fees
- Mass Daily & Spiritual Activities
- Luggage Handling (One Piece per Person)
- Flight Bag & Digital Confirmation of All Travel Documents



**\$4,999 per person  
from New York (JFK)**

*\*All Pricing Based on Double Occupancy.*

*Pricing available from any airport.*

[www.206tours.com/airports](http://www.206tours.com/airports)

**June 24 - July 6, 2024**



**Spiritual Director**  
**Fr. Michael Lombardi**

**Tour Escort**  
**Penny Abbruzzese**

**Book Now: [www.206tours.com/frlombardi](http://www.206tours.com/frlombardi)**

Booking Code: PA062424

Follow Us @206tours!



**1-800-206-8687**  
**[liz@206tours.com](mailto:liz@206tours.com)**